

# ***ST. LAWRENCE VALLEY CEMETERY***

- Est. 1957 -

***“An Historical Cemetery  
Where Peaceful Waters Flow”***

*A member of the OACFP (Ontario Association of Cemetery and Funeral Professionals)*

***P.O. Box 776, Long Sault, Ontario K0C 1P0***

***Office (613) 534-2915 - Fax (613) 534-8477***

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## ***THE NEWSLETTER***

An annual publication - February, 2023 - Volume 16

### **PRESIDENT'S MESSAGE**

Another year has come and gone and 2022 is no exception because as we all know, time does not stand still. It is my honor to serve as President and work with the combined talents and dedication of our board members, which makes our work satisfying and productive.

I would be remiss without mentioning our team, Tammy Shannon our office administrator, Penny Sabourin our assistant administrator and our groundskeepers Kevin Tobin and Kevin Prieur.

It is a privilege to see all of us working together to improve, beautify and promote this beautiful landmark we call St. Lawrence Valley Cemetery. All year long we work to optimize the cemetery's potential as a cultural resource and honor our Mission Statement to preserve our unique heritage.

We are dedicated stewards of this rich resource. You will find us planting trees and flowers and removing invasive species. We preserve the habitat for our native plants, trees and wildlife. The result is, we have created a peaceful atmosphere for loved ones to gather and reminisce.

2022 was a very busy year and combine that with planning ahead for 2023. Like everyone else in the world, we are dealing with the rising costs, changes that we have to deal with in reference to our suppliers and of course, what mother nature throws at us.

Our finances are strong, as we have benefited from a diversified investment portfolio, from generous donors as well as from a very strong demand for burial and cremation spaces. We are attempting to create additional sites due to the increased interest.

We thank all of you who share in our vision of St. Lawrence Valley as an eternal home for our friends and relatives and as a resource for our neighbors and community.

Please come and visit us!



***Sincerely – Michael D. Cook, President***

## **BOARD OF DIRECTORS – 2023**

Mike Cook, President  
(613) 534-2315

Doug Wereley, 1<sup>st</sup> Vice-President  
(613) 534-2667

Ron Symington, 2<sup>nd</sup> Vice-President  
(613) 932-8125

Tammy Shannon, Secretary-Treasurer/  
Administrator  
(613) 534-2915

Penny Sabourin, Administrative Assistant  
(613) 534-2915  
\*\*\*\*\*

Ken Kyer, Director  
(613) 938-1013

Shirley Johnston, Director  
(613) 933-8709

Debbie Jones-Tinker, Director  
(613) 537-8833

Linda Runions, Director  
(613) 931-1493  
\*\*\*\*\*

Groundskeepers – Kevin Tobin  
and Kevin Prieur

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**We are always accepting applications  
for board members, in the event that a  
member should retire from the  
Cemetery Board of Directors.**  
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### **Office Hours:**

April 1<sup>st</sup> to October 31<sup>st</sup> - Monday to  
Thursday - 9:30a.m. - 3:30p.m. and  
Friday - 9:30a.m. - 3:00p.m.

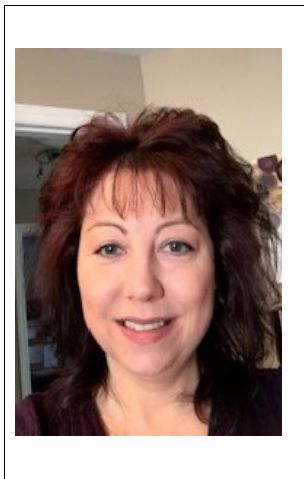
### **Off-Season**

November 1<sup>st</sup> to March 31<sup>st</sup> -  
Monday to Thursday - 10:30a.m.-3:00p.m.  
Friday - 10:30a.m. - 2:30p.m.

## **ADMINISTRATOR'S THOUGHTS**

### **When I go**

by  
**Tammy Shannon**



It is probably no surprise that I love learning all I can about the afterlife and spirit world. I read many books on this topic, and the thought that we don't actually ever die, really resonates with me. The great thing is, we get to believe

whatever we want and what we choose to believe actually becomes **our truth!**

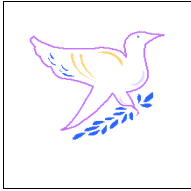
I choose to believe that only our bodies die, that our soul, our consciousness and energy lives on. I think it is comparable to our dream state, where we can go from flying through the sky in Rome one second, to being in our childhood home the next. Except, after we die, we actually have control of where we are and who we are with. There is no concept of time there, so we can be anywhere, with everyone at the same time! We are invisible, like a fly on the wall, but of course in no way annoying. Instead of a phone call away, we are just a thought away. Of course, this is very different from having a conversation with someone you can actually see and touch, and this is what is painful for the living and what is missed so much.

From what I have read, we are able to communicate with loved ones who have passed. They are able to see and hear us and they communicate with us by sending us thoughts, feelings, smells, feathers, dimes, birds, songs and many other signs to show they are with us. They can also visit us in our dreams. I believe they are sometimes able to help guide us in ways that they may not have been able to while here in a body. I believe they want us to know that they

are free of pain, regrets, grudges, jealousy, and all negativity. And they do not want us to hold on to those negative feelings either. They truly want us to be happy and to live a fulfilling life until the time we will meet them again. Believe me, we will be with them again.

When I go, I imagine I will have fun showing my loved ones that I am still with them. Instead of just feathers and dimes, I will send them peacocks and toonies and cute monkeys! I will send them the song called "Yellow" and lots of lemons to remind them that "when life throws you lemons, you better make lemonade!" And, if they find chocolates hidden in odd places, they will know it is me. Oh, there will be lots of signs from me!

I really only started believing in this after my mom passed away in 2016. As I was driving home from the hospital that day, I started thinking that I should find someone to give the hospital parking pass to, and as I looked down at the parking pass there on it was a white feather! I was surprised but I knew it was from her. At her memorial service, as we stood at the niche my niece pointed to the sky and there was a cloud shaped like a feather. I'd be at a yoga class and there beside me, a feather! There have been many signs and it always makes me smile and say, "Thanks mom, I know you are still here."



# **IN LOVING MEMORY - 2022**

## **by Month of Interment**

**Apr.** Raymond Burns

**May** Rene Lascelle  
Glen Hooker  
David Wasson  
Eva MacLean  
Rudi Matt  
Marie Losey  
Michael Culhane  
Norma Grant  
Margaret Morin  
Eldon LeRoy  
Burton Heward  
Douglas Underwood  
Roy Poapst  
Lionel Leblanc  
Taylor Leblanc  
Amelia Legue  
Richard Brunet  
John Bowland  
Iva Mortson  
Carrie Mortson  
Ludmila (Lucy) Pysk  
William Johnson  
Jeanne Johnson  
Arthur Snetsinger  
Geraldine Wilkes  
Denise Blanchette  
Inez Hatfield  
Alexander Thomson  
Claudette Dalley  
Carol Brydges  
Arnold Major  
John Romanovich

**Jun.** Gertrude Tonic  
Joshua Seguin  
William Crawford  
Stephen Rombough  
Denise Hooker  
Denis Roy  
Kelly Stapley  
Bonnie Denny  
Tom McNish  
Gerard Grady  
Leo Rivet  
Helen Jarvis  
Marlin Day  
Simone MacMillan  
Philip Glive  
June Ray  
Jean Pilon  
Leon Killoran  
Joan Shiel

**Jun. Cont.** Rachel Beckstead  
Linda Clyke  
Heather Tobiason  
Claude Labrosse  
Barbara Shaver  
Cheryl Anne Gillard

**Jul.** Shirley Wells  
Sylvie MacMillan-Rzadkowski  
Elgin Porter  
Betty Bucking  
Vicki Hall  
Peter Brechbill  
Colleen O'Neil  
Margaret Thom  
Evelyn Beauchamp  
John Harwood  
Anton Gross  
Pamela Johnson  
Maurice Hamel  
Craig Anderson  
Lorraine Smith  
Susan Lemieux  
Mary Brisbois  
Brenda St. Louis  
Dennis Stamp  
Carl Peever

**Aug.** Jacques Caldwell  
Donald MacMillan  
Dwayne Chaisson  
David McEwen  
Robert Service  
Joyce Branchaud  
Glenn Wells  
Wayne Pell  
Sheila Price  
Ian La Lievre  
Shirley Beach  
Margaret Wartnaby  
Frank Wilson  
Michel Mainville  
Jean MacDonald  
Leif Bejder  
Jane Bejder  
Brian Shorey  
Larry Martin  
Micheline Fenton  
Gwendolyn Whitney  
Kimberley McPhail  
Jean McDonald  
Ronald Grant  
Claude Marion

**Sep.** Sharon Moss  
 Ellis Barclay  
 Theresa McKeegan  
 Violet Jean Ransom  
 Huguette Marleau  
 Peggy Lemont  
 Joanne Labelle  
 Lange Arseneau  
 Dorothy Daye  
 Joan Moak  
 Mary-Ellen Godard  
 Stephen Lalonde  
 Catherine Bisbee  
 Jean Marjorie McLaren  
 William Jarvis

**Oct.** Douglas Cryderman  
 Carl Ault  
 Marian Kirkbride  
 Allen Price  
 Keith Frank Stewart  
 Marie Anne Desjardins  
 Monique Stewart  
 Graeme Miltimore  
 John Wright  
 Carson Elliott  
 Lilly Pedersen  
 Emma Colleen Roy  
 Robert McCormick  
 Reta Gillard

**Nov.** Phyllis Gadbois  
 Shirley Lajoie  
 Marion Brechvbill  
 Lillian Legue

**Dec.** Donald Branch

**When I go**

**When I go,  
 don't learn to live without me,  
 just learn to live with my love,  
 in a different way.**

**And if you need to see me,  
 close your eyes,  
 or look in your shadow,  
 when the sun shines,**

**I'm there.**

**Sit with me in the quiet  
 and you will know,  
 that I did not leave.**

**There is no leaving when a soul is  
 blended with another.**

**When I go,  
 don't learn to live without me,  
 just learn to look for me in the  
 moments.**

**I will be there.**

**By Donna Ashworth**

**A DECADE OF OUR INTERMENT HISTORY**

	<u>2022</u>	<u>2021</u>	<u>2020</u>	<u>2019</u>	<u>2018</u>	<u>2017</u>	<u>2016</u>	<u>2015</u>	<u>2014</u>	<u>2013</u>	<u>2012</u>
Caskets	20	21	28	31	19	23	24	35	38	42	41
Urn Burials	61	51	38	36	43	55	49	48	38	44	37
Niche Interments	<u>57</u>	<u>76</u>	<u>39</u>	<u>56</u>	<u>49</u>	<u>46</u>	<u>56</u>	<u>49</u>	<u>47</u>	<u>37</u>	<u>30</u>
<i>TOTAL -</i>	<i>138</i>	<i>148</i>	<i>105</i>	<i>123</i>	<i>111</i>	<i>124</i>	<i>129</i>	<i>132</i>	<i>123</i>	<i>123</i>	<i>108</i>

**HELP WANTED (SEASONAL)**

***The cemetery is currently accepting resume's for Groundskeepers***

***Please contact the Administrator for details  
 Tammy Shannon, 613-534-2915  
 lawrencevalley@bellnet.ca***

## **THE CEMETERY ANNUAL MEETING**

**with the Board of Directors**

will be held on

**Tuesday, April 11<sup>th</sup>, 2023 at 6:30p.m.**

At the cemetery office building

**All rights holders are welcome to attend.**

**The meeting will be comprised of committee reports, motion to appoint our auditors, passing of the general by-laws and election of the Board of Directors for 2023.**

## **PROMOTION COMMITTEE REPORT**

**by Debbie Jones-Tinker and Linda Runions**

**Committee Chairpersons**

### **ANNUAL MEMORIAL SERVICE**

will be held on

**SUNDAY, JUNE 25, 2023 at 2p.m.**

**on the Cemetery grounds, rain or shine under the tent. Please bring a lawn chair and plan to join us for refreshments after the service.**

*Thank you to all who donated to our cemetery last year. Your generous donations are greatly appreciated and welcomed at any time of the year and will go towards current projects and the future development of our beautiful grounds. Receipts will be issued for income tax purposes.*

## **MAINTENANCE COMMITTEE REPORT**

**By Ron Symington**

**Committee Chairman**



Where has the time gone? It seems like it was only yesterday that I was writing the report for the 2022 Newsletter.

The year 2022 was very busy at the cemetery, along with the usual maintenance work,

our dedicated staff also completed projects such as interlocking walkways, landscaping, tree planting and diseased ash tree removal. They also installed a new Lakeshore columbarium.

This year we will be taking on a slightly new direction. Due to columbarium design changes by the manufacturers, the model that we have been installing at both the Lakeshore and Gateway is no longer available. The Board has discussed our options with staff and landscape professionals and we believe that we have chosen a new design and layout that will be compatible with the surroundings and will also enhance the tranquility of our cemetery. Our plans call for two new units at Lakeshore and two units at Gateway.

We would like to recognize the Riverside Snowmobile Club for the extra effort they have taken to mark the snowmobile trail limits and encourage their members to stay on the trail. Thank you for respecting our sacred property.

If you have any issues or ideas for improvement to the cemetery, please forward them to our Administrator so that they may be brought up before the board for consideration.

Have a great year and stay safe.

## **SERVICES, MEMORIALS AND PROGRAMS**

4' x 10' in-ground burial lots for caskets and urns / 3' x 4' in-ground cremation lots for one or two urns

Columbaria niches for one or two urns

Solid bronze vases, emblems and porcelain pictures / Completion inscription service

Winter Vault Committal / Pre-Need Planning Services

Flat bronze or granite markers with or without a vase

Memorial Tree and Bench Programs / Genealogical Research Assistance / Annual Newsletter and Memorial Service

One-time Care & Maintenance fee on lots, niches and foundations

Website - [www.stlawrencevalleycemetery.ca](http://www.stlawrencevalleycemetery.ca) and "Like" us on Facebook at "St. Lawrence Valley Cemetery"